



Hawk's Eye View

Chaparral Elementary School * PTA * CEF Newsletter

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Upcoming Events:

No School	Jan 19/20
Astronomy Night	Jan 23
Spaghetti Dinner	Jan 23
Blood Drive	Jan 28



Dear Chaparral Families,

I wish you all the best for the New Year and hope that you had a happy and restful winter vacation! We are starting this year off with a focus on Character Education. Chaparral has recently expanded its curriculum to include an exciting character education initiative as part of each school day with the implementation of a program called Project Wisdom.

In a world where many students routinely face challenging situations that require practical social skills and strength of character, trends in education are supporting programs like Project Wisdom that teach concepts such as integrity, respect, confidence, courage, honesty, and diligence. Emerging research supports the notion that investing in character education and social-emotional learning can improve behavior as well as academic performance.

Project Wisdom's messages not only impart new knowledge to the students, but also work to develop responsible and caring individuals. The morning messages are rich in history, culture, and literature. They inspire, teach and encourage students to reflect upon the larger issues of life.

Each day, Chaparral Hawks will hear a short message containing a quotation from a historic figure, celebrity, modern hero or other notable voice that reinforces the topic of the day. The 60 second announcement is read by me, or by a guest reader. Project Wisdom's research shows that the program reduces incidents of disruptive behavior such as bullying and teasing, helps develop a more positive school climate and creates benefits that are perceived to be immediate and don't dissipate with time.

In an effort to show our school spirit, we will celebrate TRRFCC Friday each week. The letters stand for Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship. Each student is asked to wear his/her grade level character colors each Friday. In addition, I will be randomly drawing a character card from each grade level for a special prize from the principal each Friday. Please encourage your child to show great character each and every day!

5th-Yellow	2nd-Red
4th-Green	1st-Purple
3rd-Blue	K-Orange
PEPP-Red	

Warmly,
Dawn Zwibel



Chaparral PTA

President's Message

Carolyn Beckwith, PTA President

Dear Chaparral Families and Staff,

Happy New Year! I hope that 2009 will be a happy and healthy year for all of you.

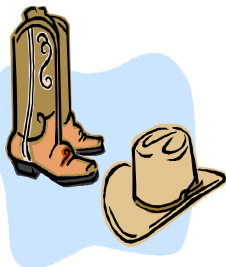
We have a couple of great family fun nights in store for you this month and next...Astronomy night and the Round-Up dance! Astronomy night and the February dance were both a big hit last year and are sure to be full of fun and surprises this year. Please see info below for details on both of these events.

PLEASE NOTE: The PTA Association meeting has been moved to February 6th at 9:15 am in the MPR. Join us for morning coffee and treats as we discuss important updates and information.

Thank you to everyone who spent time volunteering in our Holiday Shop last month and to all of the volunteers that keep our PTA events running smoothly. Your help is much appreciated and it's so nice to see your smiling faces. PTA events/family fun nights are a big job and the more helping hands we have, the better!

Don't forget the upcoming Blood Drive and the Fun Run...details below!

Carolyn Beckwith



Giddy up and grab your cowboy hats, bandannas, flannel shirts
and boots
and let's meet at

The Round-Up at The Chaparral Corral!

Please join us for Chaparral's western themed dance!
Friday, February 6th from 7-9pm in the
Multi-Purpose Room.

Have a wild good time with your family and classmates
Free admission, Prize give-away for the
first 100 students,

DJ, Stick horse races, Photo opportunity, Chuck Wagon snacks,
and fun!

Saddle up and don't miss out!

SEE YA PARTNERS!

** The Round-Up at The Chaparral Corral'' is a family event with young students and
younger siblings attending.

No weapons or toy guns of any kind are allowed.**

Questions, please contact:
Monica Cogger 437-4137
Tracy O'Connor 254-5374 or
Sharon Stephens 487-0292



Chaparral PTA

MARK YOUR CALENDARS!

CHAPARRAL 5K FUN RUN/WALK



DATE: February 7th
START: 8:45 AM
ROUTE: CHAPARRAL TRACK<=>TANNIN<=>DECANT<=>
VALLE VERDE<=>OLD WINERY

Look for more information to come home in your child's Friday Folder.
If you are interested in volunteering please contact Jenni Gillespie
(jen.g@earthlink.net or 774-1522)



San Diego Blood Bank Blood Drive Give the Gift of Life

Chaparral's PTA is hosting a blood drive on Wednesday January 28th from
7:30 AM – 12:30 PM in the front parking lot of Chaparral.

San Diego is experiencing a critical blood shortage. You can make a difference. Please
sign up to donate.

Appointments are strongly recommended to avoid long waits and can be made online at
www.mysdbb.org. From the main menu select "find a blood drive", "make an appoint-
ment at a mobile blood drive", "find mobile blood drive by date" (01/28/2009), then set up
your appointment.

Alternatively you can contact our PTA liaison, Sue Sullivan, at 967-7611 or [suemariesulli-
van@gmail.com](mailto:suemariesullivan@gmail.com) and she can assist you in making an appointment.

Donors should eat foods rich in iron the night before, drink plenty of fluids the day of
(avoid caffeine if possible) and bring a photo id.

Thank you for giving the gift of life!



Chaparral PTA

ASTRONOMY NIGHT IS BACK!!



Astronomy night was a big success last year and we are excited to have the S.D.A.A. (San Diego Astronomy Association) with us again this year for an amazing evening of stargazing. There will also be fun games and treats for all!

January 23rd @ 6:30 out on the field.

Join us for an evening under the stars!

We will need volunteers for games/treats. If you are willing to help please contact Selina Dudley @ selinadudley@gmail.com or Carolyn Beckwith @ beckwith@san.r.r.com

“PASTA & PLANETS”

Spaghetti Dinner Night

Sponsored by BORRELLI'S

Fri Jan 23

6:00 pm

Chaparral outdoor cafeteria

\$5/plate

Suggested donation

Funds raised will be used to support all learning activities, supplies and other needs at our school.

Join us on Astronomy night for a delicious spaghetti dinner prepared by Borrelli's & served by Chaparral teachers!

A Chaparral Education Foundation
(CEF) fundraiser

Checks accepted. Payable to: CEF



Thank you for your generosity!



Chaparral PTA

Counselor's Corner

Caring is the heart of ethics, and ethical decision-making. If we are "caring" we are concerned with the welfare of others because ethics is ultimately about good relations with others.

Caring is:

Being kind

Being compassionate and showing you care

Expressing gratitude

Forgiving others

Helping people in need

Talk to your children about what it means to be caring. Discuss ways they can be kind in word and action, how they can help others, how be aware of other's feelings and needs, and times in which they are thankful for what others do for them or the family.

Activities also include: Writing five things they can do at home to show they care. "Charity begins at home." What opportunities at home provide a chance to show gratitude, kindness and consideration? What was the last time they thanked a parent or sibling for something?

Discuss what compassionate means. Generate ways they can be compassionate with friends at school, a neighbor or an elderly person. Visit an elderly person who is no longer able to be independent. Talk about how the elderly are treated in other cultures. How can we better honor our seniors?

Ask how they feel when someone acknowledges what they've done. Encourage your child to write a note to another, acknowledging what that person did.

Explain the concept of "random acts of kindness". If you've read the book or seen the movie, Pay It Forward, summarize it for them. Help them to think of ways they can do kind acts for another without thought of reward. Perhaps do something with them as an example.

When we teach our children to be caring we give a great gift to them as well as to others. Abraham Lincoln said "When you do good, you feel good"

Please feel free to contact me if you have any questions or concerns regarding your child or the counseling program at Chaparral. I can be reached at (858) 485-0042 X4168 or by e-mail at mengblom@powayusd.com.

Molly Engblom, Chaparral School Counselor



Chaparral PTA

Announcement!

Please stop in and say hello to our new long term substitute librarian-Mrs. Boaz! She will be filling in the remainder of the year so our children can enjoy their library/story time.

Thank you for all you do Mrs. Boaz. It is always nice to see your smiling face!



Melody Makers

The Chaparral Melody Makers program is now accepting new and continuing registration for Winter/Spring 2009. Melody Makers is the school-wide choral program directed and coordinated by parent volunteers. This is a great opportunity for students of all musical abilities and skill levels to perform with a group. We had two incredible choirs in the fall, over 150 singers total, and we look forward to another fantastic semester.

Junior Melody Makers: Open to all Kindergarten, 1st, and 2nd grade students

Rehearsals are Tuesdays, 8:00 - 8:50 a.m. in the MPR, Feb.3-May 12

Senior Melody Makers: Open to all 3rd, 4th, & 5th grade students

Rehearsals are Thursdays, 8:00 - 8:50 a.m. in the MPR, Feb.5-May 14

Concert for family and friends, Monday, May 18, 7:00 p.m. in the MPR

Cost: \$15.00 per student for shirt & supplies

\$16.00 for a professional CD of the songs we will be learning this semester

(CD purchase is optional)

Questions? Feel free to contact the director, Holly Franz, at ChaparralMelodyMakers@gmail.com

MELODY MAKERS REGISTRATION, return to school with payment by Jan. 23. Checks should be made payable to "Chaparral PTA".

Student's Name: _____ Grade: _____

Student's Name: _____ Grade: _____

Shirt Sizes: ___YS ___YM ___YL ___YXL

(Please indicate how many of each size is needed if more than 1 child is registering.)

Optional Music CD's, Please specify quantity Jr.MM ___ Sr.MM ___

Parent(s) Name: _____ Phone Number: _____

E-mail Address (all correspondence done via email): _____

Registration Fee: \$15 per student \$ _____

CD Purchase (optional): \$16 each \$ _____

Total amount enclosed \$ _____