



# Hawk's Eye View

Chaparral Elementary School \* PTA \* CEF Newsletter  
17250 Tamin Dr. Poway CA. 92064

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March 2009

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## Dear Chaparral Families,

Currently, our classrooms are preparing for this year's **California Standardized Testing and Reporting (STAR) Program**. The STAR program requires all school districts throughout the state to annually use the same standardized tests to assess the achievement of students in the areas of reading, mathematics, and language arts. There are two components of the STAR program:

1. The **California Content Standards Test (CST)**: These tests are administered to all students in grades 2 to 11. They are designed to measure achievement of the California State Academic Standards. All students are evaluated in language arts and mathematics. All fifth grade students also take a California Standards Science test specifically aligned with their current course of study. **These tests will be administered from April 20th through May 1st.**
2. The **California Alternative Program Assessment (CAPA)** is administered only to students enrolled in the special education program who, for any reason, should not participate in the above tests. The CAPA is administered in a one-to-one setting in April and May.

Special preparation for the STAR is not necessary. Teachers will be reviewing concepts and skills during the year to refresh students and activate prior learning. **Absenteeism during the test period can create problems for some students.** Those who miss testing sessions with their regular class will be given make-up sessions in supervised small group settings. **However, most students prefer to take the test along with their classmates.**

The STAR yields individual score reports for each student that will be mailed home in August.

At Chaparral, we feel that our students are well prepared to do quite well on these assessments. Thank you in advance for getting your children in bed early on the evenings before testing and also making sure that they have a good breakfast as well.

Warmly,  
Miss Zwibel



Illustration of a calendar showing the month of March, with a red number 1 on the 1st.



# Chaparral PTA

## President's Message

Carolyn Beckwith, PTA President

Dear Chaparral Families and Staff,

What an amazing month February was! We had some fun events last month and the days flew by.

The Round-Up dance/spaghetti night was a huge success. Everyone looked great in their western gear. Another great event was the Fun Run. If you missed out on this I encourage you to be a part of it next year. The Fun Run is a good time to spend with your family and get some exercise together!

As we get the month of March started, our Spring Book Fair is about to get under way. Please support literacy and our library by taking part in this fundraiser. Would you like to help out with volunteering but you are afraid of a long term commitment? Volunteering in our book fair is perfect for you!

The rest of this school year is going to fly by so please stay tuned in and connected as we will have a few more opportunities to provide wonderful events and programs for the whole family.

Finally - We welcome ALL PTA MEMBERS to our last Association meeting of the year on April 2nd from 5:00-5:30 in the MPR prior to Open House. We will be voting in our 2009 - 2010 board members!

Carolyn Beckwith

## FAMILY READING NIGHT!



Come in your jammies, bring your favorite blanket and listen to stories read by our wonderful Chaparral teachers and staff!

Popcorn, hot chocolate, and raffle prizes for books!!

Thursday, March 12

6:00 PM

In the MPR

The book fair will remain open until 7:30 that night.



# Chaparral PTA

## LIGHTS, CAMERA, BOOK FAIR!!!

### Next week!

Monday, March 9<sup>th</sup> – Friday, March 13<sup>th</sup>.

In the library

Book Fair opens at 8:30 and stays open until after school every day.

Parents are welcome to come any time of the day.

Students will be coming with their classes.



[Jrboaz@earthlink.net](mailto:Jrboaz@earthlink.net)

Or [tebrown@jps.net](mailto:tebrown@jps.net).

Thanks and happy reading!  
Jennifer Boaz and Veronica Brown



## Looking for a few good people...

### To join the Chaparral PTA Board!

Its time for YOU to get involved with the Chaparral PTA!

We still need people to fill the following positions:



- Historian
- Family Fun Nights/Movies
- Mentor Program
- MPR Decorating
- Red Ribbon Week
- Yearbook
- 5th Grade Promotion

If you are interested in any of these positions or have any questions, please contact Monica Cogger at [cogger@sbcglobal.net](mailto:cogger@sbcglobal.net)



# Chaparral PTA

## **It is that time again! Kindergarten Registration**

Kindergarten registration will begin district-wide, on **May 13**, starting at **8:00 am** and continue until **5:30 pm**, only on the first day.

After May 13 registration will continue in the office from 1:00-3:00 each day.

The end of May we will accept all grade level registrations.

Parents can go to the PUSD website to download the registration forms.

Parents will need to bring: **child's original birth certificate and immunization record, two proof's of residency, Oral check up, physical form, and all on-line registration forms completed and signed to register their children.**

## **POWAY UNIFIED SCHOOL DISTRICT Integrated Preschool Opportunity**

Poway Unified School District is pleased to offer for the 2009-2010 school year, Integrated Preschool Programs at Pomerado Elementary and Deer Canyon Elementary schools. They will serve 3 to 5 year old children with and without special needs. A general education developmental curriculum will include both large and small group circle time, play, and language activities. Other skills and activities that are introduced are music and rhythm, self help skills, thinking skills, language arts, social skills, number concepts, gross and fine motor skills. The children who have special needs may experience difficulty in one or more of the following areas: speech and language, play skills, and social skills. The success of the integrated program greatly depends on the inclusion of children without special needs who act as models as all children learn together.

All children in the preschool programs will work as an integrated group. They will have opportunities to work and play together in an atmosphere of acceptance and understanding. The curriculum is play-based, which means that children are encouraged to play together in a way that leads to growth and development.

Our preschool staff will meet with you and arrange a class visitation and provide information about enrollment.

**Class Time:** M-F, 5 hours per day (Alternate times will be considered)

**Options:** 3 and 5 day options available.

**Cost:** Five day program is \$310 a month. Prorated rates are available for other options. There is also a one time, non-refundable \$50 registration fee.

Currently, there are openings available and registration will be accepted on a first come first serve basis. If interested, please contact **Barbie Shrier at 858-668-4103.**



# Chaparral PTA

## Counselor's Corner

We all know that children are very emotional. It is often times very difficult for a child to handle their emotions. Whether a child is crying because he didn't get his way or angry with someone for cheating, a child's emotions are extremely real. In this months Counselors' Corner we will discuss the importance of sharing feelings with our child.

Sharing feelings with your child helps to create a special bond of trust with him or her. When people are able to communicate their feelings they gain better understanding of each other. It is important for parents to realize that their child has feelings and he or she needs their feelings to be validated.

It is your job as a parent to help your child learn to deal with his or her feelings. There are several ways that a parent can do this.

1. Provide opportunities for your child to talk about his or her feelings. Ask him how his day has been, notice when he looks sad or mad and ask what is wrong.
2. Pay attention to your child and be a good listener. Make a conscious effort not to interrupt, judge, or lecture.
3. Acknowledge your child's feeling with a few simple words ("I see, O.K., too bad") this will let your child know that you are listening.
4. Help your child to give a name to his feelings. "It sounds like you are mad about that." "That must have been disappointing."
5. Accept how your child is feeling, yet still enforce the rules. "I know you are mad right now, but it is no OK to punch someone."

By helping your child talk about his feelings you are enabling him to learn more about himself and what matters to him. In addition, he or she is developing better verbal skills and the ability to share feelings in a positive, healthy way. Finally, he or she will begin to understand the feelings of others, which will help to develop strong, successful relationships.

Most importantly, show your child that you care about them by not disregarding his feelings. Be a good listener and show empathy towards your child. Please feel free to contact me if you have any questions or concerns regarding your child or the counseling program at Chaparral. I can be reached at (858) 485-0042 X4168 or by e-mail at

[mengblom@powayusd.com](mailto:mengblom@powayusd.com).

# Chaparral Foundation

Our first Spaghetti Dinner this spring raised well over \$2000, thanks to overwhelming support!

Thanks to the Schulze family of Borelli's restaurant for their generosity in donating the delicious food and the labor, and to all the Chaparral teachers who helped out!

Congratulations to Parking Raffle winner Sue Sullivan.

Later this spring, we hope to have another Spaghetti Dinner (complete with improvements for faster service!), so watch for details.



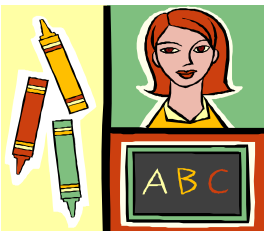
## Coins for copies



So far coins for copies has raised nearly \$600, so please keep sending in that spare change! A little bit goes a long way to help cover costs.



## Spell-A-Thon



Our next big event will be the Third Annual Spell-a-Thon on March 18.

Lists and pledge sheets should have come home with your child. This is an easy (and educational!) fundraiser, so please enlist your family and friends to help support it.

Parents are needed to correct all those spelling words – if you can help, please contact Jill Salafia at [JSalafia@san.rr.com](mailto:JSalafia@san.rr.com).

Your support of Foundation fundraisers and generous donations fund Art Corps, technology, and literacy programs at Chaparral.

If you'd like to be a part of helping enhance your child's education, please consider joining the Foundation.

For information, please contact Helen Olmsted at [hkolmsted@att.net](mailto:hkolmsted@att.net).

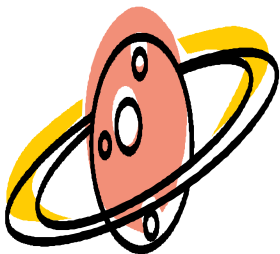


# Chaparral PTA

**Astronomy Night has been scheduled for March 20th!**

**Hopefully the weather will be on our side this time so we can star gaze, play games, and have an amazing family fun night.**

**There will be many activities such as Space Graffiti, where you can display your finest space art, a solar system game and crafts. Not to mention the HUGE telescopes that our friends at the San Diego Astronomy Association will be bringing!**



**Please join us for a night under the stars for fun and treats!**

**March 20th**

**7:30 PM-9:00 PM**

**Chaparral Grass Field**



A huge "Thank you"  
To those Moms who helped out with the  
Hearing and Vision Screening!

Thanks,  
Lourie



## HAVE KIDS MOVING TO *BOBCAT COUNTRY?*

Be part of the team that will make your child's years at BHMS fun,  
exciting and rewarding!

BHMS PTSA is currently seeking nominees for the 2009-2010 executive board.

Positions include:

- President
- 1<sup>st</sup> VP Programs
- 2<sup>nd</sup> VP Membership
- 3<sup>rd</sup> VP Volunteer Facilitator
- 4<sup>th</sup> VP Ways & Means
- Secretary
- Treasurer, Financial Secretary,
- Auditor, and Historian.



All PTSA executive board members report to a monthly meeting.

There are also various committee chairman positions available.

If you are interested in learning more about becoming a BHMS PTSA board member, please contact a member of our Nominating Committee:

Soulafa Akel 673-0807 [ugsa@prodigy.net](mailto:ugsa@prodigy.net)

Kim Summers 618-1566 [bhmsvolunteers@earthlink.net](mailto:bhmsvolunteers@earthlink.net)

Yvonne Savoji 485-1041 [sonisavi@sbcglobal.net](mailto:sonisavi@sbcglobal.net)